

# Babytime!

Games, Rhymes, Songs,  
and Lullabies for Babies

*(0-24 months old)*



**Compiled by:**  
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Many of the rhymes and songs on these pages have been used in our weekly Babytime sessions for many years. Also included are some new favorites and other rhymes that are perfect to try at home when you want some special “baby-time” of your own.

Enjoy!



### The Gift of Rhyme

Share the wonder  
Share the time,  
Give your child  
The gift of rhyme.

Give her words that hold a beat,  
Fun to remember, fun to repeat.

Give him words that always flow,  
Spoken fast or spoken slow.

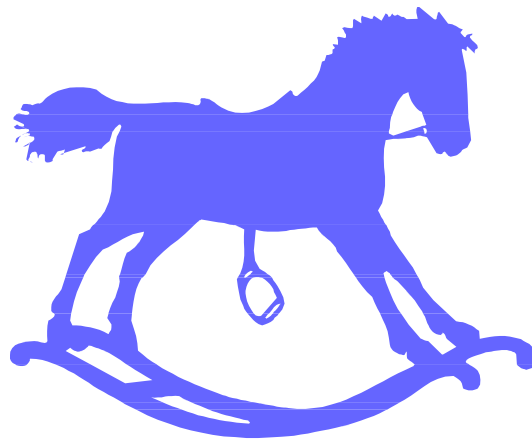
Give her friends that entertain,  
Give him words that never change.

Share the wonder  
Share the time,  
Give your child  
The gift of rhyme.

-Jean Warren

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\*Substitute child's name for "baby" whenever possible

## Eyes, Ears and Nose

### These are my eyes

These are my eyes  
This is my nose  
This is my belly button  
These are my toes

### An Elephant

An elephant goes like this and that (tap knees)  
He's terribly big (hold hands up high)  
And terribly fat (hold hands out wide)  
He has big ears (wiggle ears)  
And he has big toes (wiggle toes)  
And goodness gracious!  
What a nose! (wiggle nose)

### Early in the Morning

This is the way we wash our hands  
(rub baby's hands together)  
Wash our hands, wash our hands  
This is the way we wash our hands  
So early in the morning  
This is the way we...  
Wash our face (rub baby's cheeks)  
Brush our hair (rub baby's hair)  
Shine our shoes (rub baby's feet)  
Give a kiss (kiss baby's cheeks)  
— make up your own verses —

### These are baby's fingers

These are baby's fingers (wiggle fingers)  
And these are baby's toes (wiggle toes)  
This is baby's belly button (circle finger on  
Round and round it goes baby's tummy)  
These are baby's eyes (gently touch eyes)  
And this is baby's nose (touch nose)  
This is baby's belly button (tickle tummy)  
Right where Mommy blows!  
(buzz lips on baby's tummy)

### Wake Up Toes (follow motions in song)

Wake up toes, wake up toes  
Wake up toes and wiggle, wiggle, wiggle  
Wake up toes, wake up toes,  
Wake and wiggle in the morning  
Wake up feet, wake up feet...  
Wake up legs, wake up legs...  
Wake up arms, wake up arms...  
Wake up hands, wake up hands...  
Wake up head, wake up head...  
Wake up me, all of me...

### Head Shoulders Knees & Toes

Head, shoulders, knees and toes  
Knees and toes  
Head, shoulders, knees and toes  
Knees and toes  
Eyes, and ears, and mouth, and nose  
Head, shoulders, knees and toes  
Knees and toes

### Mr. Rabbit

Mr. Rabbit has a habit  
That is very cute to see  
He wrinkles up and crinkles up  
His little nose at me  
(touch baby's nose)

### Knock on the Door

(great at mealtime)  
Ring the bell (tug on ear or lock of hair)  
Knock on the door (tap forehead)  
Peek in (peek in eyes)  
Lift up the latch (touch nose)  
And walk right in! (offer baby some food)

### Touch Game

(suit actions to words)  
Touch your nose, touch your chin,  
That's the way this game begins.  
Touch your eyes, touch your knees,  
Now pretend you're going to sneeze.  
Touch your hair, touch one ear,  
Touch your two red lips right here.  
Touch your elbows where they bend,  
That's the way this touch game ends.

### Bedtime Rhyme (suit actions to words)

A lick of soap for fingers, a spot of soap for toes  
A little wipe for neck and ears,  
and cheeks and chin and nose  
Cuddle in the towel, little sleepy head  
Just brush your teeth, and comb your hair  
And snuggle into bed

### Eye Winker (touch parts named)

Head bumper,  
Eye winker  
Tom tinker (touch ear)  
Nose smeller,  
Mouth eater  
Chin chopper  
Chin chopper  
Chin chopper - Chin!

### I Uncover My Eyes

**I uncover my eyes, and what can I see?  
I can see you and I can see me.  
I can see my fingers, and I can see my toes.  
I can see my tummy, but I can't see my nose!**

### Where are your toes?

What a surprise, here are your eyes

(point to eyes)

And this I suppose is a nose

(point to nose)

And right under here, I've discovered an ear

(tickle ear)

But where oh where are your toes?

(tickle toes)

### Baby's Game

Touch your ears, pat your nose

Tickle baby's little toes

Hide your eyes (cover eyes)

Where are you?

Baby's playing peek-a-boo! (uncover eyes)

### Clap, clap, clap your hands

Clap, clap, clap your hands

Clap them just like me

Clap, clap, clap your hands

Clap them just like me

- also try-

Tap, tap tap your knees.....

Roll, roll, roll your hands...

Stomp, stomp, stomp your feet...

Wave, wave, wave your arms...

Shake, shake, shake your hands...

Nod, nod, nod, your head...

-make up your own verses!-

### Put your finger on your nose

Put your finger on your nose, on your nose

Put your finger on your nose, on your nose

Put your finger on your nose

Put your finger on your nose

Put your finger on your nose, on your nose

-repeat naming other body parts-

Put your hands on your head...

Tap your knees with your hands...

Rub your cheeks with your hands...

Clap you hands with me now...

### This is Me

(touch parts named)

Two little eyes to look around

Two little ears to hear each sound

One little nose to smell what's sweet

One little mouth that likes to eat

### Shoe a Little Horse

(good for changing time)

Shoe a little horse (tap on bottom of right foot)

Shoe a little mare (tap on bottom of left foot)

But let the little coltie go

Bare, bare, bare!

(tap feet together or pat bottom)

### Baby's Face

(touch parts named)

Brow, brow, brinkie

Mouth, mouth, merry

Cheek, cheek, cherry

Chin-chopper, chin-chopper, chin!

### Little Red Nose

Where did you get that little red nose?

Jack Frost kissed it I suppose.

He kissed it once.

He kissed it twice.

Poor little nose it's as cold as ice!



### The Moon is as Round

The Moon is as round

(running finger around baby's face two times)

As round can be

Two eyes,

(touching baby's eyes)

A nose,

(touching baby's nose)

And a mouth

(touching baby's mouth)

Like me!

(placing your hand on your chest)

### That's Me, Complete

I have ten little fingers and ten little toes

(wiggle fingers and toes)

Two little arms and one little nose

(wave arms and touch your nose)

One little mouth and two little ears

(touch your mouth and your ears)

Two little eyes for smiles and tears

(touch your eyes)

One little head and two little feet

(touch your head and wiggle your feet)

One little chin, that's ME, complete!

(touch your chin, and point to self)

### Run Away !

Two little eyes to see with,

(touch your eyes)

Two little feet to run,

(touch or wiggle your feet)

Two little hands to wave with,

(wave hands about)

A nose I have but one.

(touch your nose)

Two little ears to hear with,

(touch or wriggle your ears)

And a tongue to say good-day,

(stick out your tongue and say 'Good Day')

And two red cheeks for you to kiss,

(pat your cheeks & give a kiss)

And now I'll run away.

**When James is eating Custard** by John Foster

When James is eating custard,  
He gets it everywhere.  
Down his bib, up his nose,  
And on his high chair.

He pokes it with his fingers.  
He spreads it on his hair.  
When James is eating custard,  
He gets it everywhere!

**Stretch up High**

Stretch up high as tall as a house,  
Curl up round and small as a mouse.  
Now pretend you have a drum  
And beat like this – tum, tum, tum.  
Shake your hands, stamp your feet,  
Close your eyes and go to sleep.

**My Hands**

On my head my hands I place  
*(place hands on head)*  
On my shoulders,  
*(place hands on shoulder)*  
On my face,  
*(place hands on face)*  
On my hips,  
*(place hands on hips)*  
And at my side,  
*(drop hands to side)*  
Then behind me they will hide,  
*(hide hands behind back)*  
I will hold them up so high,  
*(raise hands high above head)*  
Quickly make my fingers fly,  
*(wiggle fingers)*  
Hold them out in front of me,  
*(hands in front of body, arms extended)*  
Swiftly clap them. One, two, three!  
*(clap, clap, clap)*

## **Tickle Time**

**Here's a Fly** (walk fingers over baby)

Baby bye, here's a fly  
We must watch him you and I  
There he goes on his toes  
Over baby's little nose! (tickle nose)

**Tiny Worm**

A tiny, tiny worm (wiggle index finger  
Wiggled along like this along the floor)  
Without a sound  
It came to a tiny hole (make circle w/ thumb  
A tiny hole in the ground and index finger)  
It wiggled right inside  
Without a sound (wiggle finger up baby's arm  
and tickle under arm)

**Round and Round the Garden**

Round and round the garden  
Goes the teddy bear  
(circle baby's tummy)  
One step, two steps  
(walk fingers up chest)  
Tickle under there!  
(tickle baby under chin)  
Round and round the garden  
Goes the little mouse  
(circle baby's tummy)  
Up, up, up he creeps  
(walk fingers up arm)  
Up into his house  
(tickle baby under arm)

**Davy Dumpling**

Davy, Davy, Dumpling  
(use your baby's name)  
Boil him in the pot (wiggle baby)  
Sugar him (or her) (tickle baby lightly)  
And butter him (stroke baby lightly)  
And eat him while he's hot  
(nibble baby's ears, neck, cheeks, tummy...)

**Criss Cross Applesauce** (updated)

Criss cross (draw an X on baby's back)  
Applesauce (tap shoulders 3 times)  
Spiders climbing up your back (tickle baby's back)  
One here, one there (walk fingers up baby's neck)  
Spiders crawling in your hair (ruffle baby's hair)  
Cool breeze (blow on back of baby's neck)  
Tight squeeze (give baby a hug)  
Now you've got the shivers! (tickle all over)

**Bumblebee**

Bumblebee was in the barn  
(circle finger in the air)  
Carrying dinner under his arm  
(move finger closer to baby)  
Bzzzzzzzzzzzz!  
(tickle baby)

**Make my baby smile**

I can make my baby smile  
When I tickle his little toes (wiggle toes)  
I can make my baby smile  
When I tickle his little nose! (wiggle nose)

### **Slowly, Slowly**

Slowly, slowly, very slowly,  
Creeps the garden snail  
(walk fingers over baby)  
Slowly, slowly, very slowly,  
Up the wooden rail  
Quickly, quickly, very quickly  
Runs the little mouse  
(run fingers over baby)  
Quickly, quickly, very quickly  
Round about the house

### **Where are the Bees?**

Here is the beehive (make fist)  
But where are the bees? (shrug shoulders)  
Hiding inside (point to fist)  
Where nobody sees (shake head "no")  
Watch them come creeping  
Out of their hive  
1,2,3,4,5 (open up fist one finger at a time)  
Bzzzzzzzz!  
(fly pretend bee around and tickle baby)

**Caterpillar** (crawl fingers on baby's back)  
"Who's that tickling my back?"  
Said the wall  
"Me" said a caterpillar  
"I'm learning to crawl."

### **Tickle Bug**

(play this game in bed)  
Tickle bug, tickle bug  
Hunting feet  
Creeping creeping  
Over the sheet  
One! Two!  
Catch 'em like this (catch feet)  
Tickle-y Tickle-y (tickle toes)  
Tummy kiss! (kiss tummy)

### **Inchworm**

(inch fingers up and down baby's arm)  
Inchworm, inchworm, inching along  
Inchworm, inchworm, singing a song  
Inchworm, inchworm, before the day ends  
Inchworm, inchworm, will you be my friend?

### **Little Mousie**

See the little mousie  
Creeping up the stair  
(creep fingers up baby's arm)  
Looking for a warm nest  
There! -- Oh There!  
(tickle baby under arm & on neck)

### **Creepy Crawly**

(creep fingers up from toes)  
Creepy crawly little mouse  
From the barn  
Up to the house  
Watch out little mouse!  
Don't fall in that hole!  
(tickle belly button, under arm, or under ear)

### **These are baby's fingers**

These are baby's fingers (wiggle fingers)  
And these are baby's toes (wiggle toes)  
This is baby's belly button (circle finger on baby's tummy)  
Round and round it goes  
These are baby's eyes (gently touch eyes)  
And this is baby's nose (touch nose)  
This is baby's belly button (tickle tummy)  
Right where Mommy blows!  
(buzz lips on baby's tummy)

### **Rub-a dub-dub**

Rub-a-dub-dub (rub noses with baby)  
Three men in a tub  
And who do you think they be?  
The butcher (tickle under left arm)  
The baker (tickle under right arm)  
The candlestick maker (tickle baby's tummy)  
And out they jumped all three (lift baby up)

### **X marks the spot**

X marks the spot  
(make an X on baby's chest or back)  
With a dot, dot, dot  
(tap with finger on belly or back 3 times)  
And a dash, and a dash  
(draw 2 lines on baby's chest or back)  
And a question mark  
(draw a question mark with a dot)  
Tickle up, tickle down  
(tickle baby up to head and down to toes)  
Tickle baby all around (tickle all over)

### **Hickory Dickory Dock**

Hickory dickory dock  
The mouse ran up the clock  
(run fingers up from baby's toes to head)  
The clock struck one  
(clap hands once)  
The mouse ran down  
(run fingers down from head to toes)  
Hickory dickory dock  
- repeat with -  
...the clock struck two (clap twice)  
the mouse said boo!  
...the clock struck three (clap 3 times)  
the mouse said whee!  
...the clock struck four (clap 4 times)  
there is no more

### Jeremiah

Jeremiah blow the candles  
Puff, puff, puff  
First you blow them gently (blow gently on neck)  
Then you blow them rough (blow harder)

### The Train

The train goes up the hill  
Choo, choo, choo, choo (tickle up baby's arm)  
Blows the whistle  
Toot Toot! (tug gently on ear)  
Then the train goes down the hill  
Choo, choo, choo, choo (tickle down baby's arm)

The train goes up the hill  
Choo, choo, choo, choo (tickle up baby's arm)  
Rings the bell  
Ding Ding! (tug gently on ear)  
Then the train goes down the hill  
Choo, choo, choo, choo (tickle down baby's arm)

### The Bug

One two three (crawl fingers over baby's arm or leg)  
There's a bug on me  
Where did it go? (Hold hand out to sides)  
I don't know! (shake head "no")

### Dig a hole

(circle finger above baby's tummy)  
I'm going to dig a hole  
And I don't know where  
I think I'll dig a hole (make circle smaller)  
Right....  
There! (tickle baby's belly button)

### Creepy Mouse

Creepy mouse, creepy mouse  
(creep fingers up baby's arm)  
All the way up  
To baby's house!  
(tickle neck or under arm)

### Round the World

(circle finger above baby's tummy)  
Round the world, round the world  
Catch a big bear  
Where will we catch him? (make circle smaller)  
Right in there!  
(tickle baby's belly button)

### Little Flea

(creep fingers over baby starting at toes)  
Creeping, creeping, little flea  
Up my leg and past my knee  
To my tummy, on he goes  
Past my chin and to my nose  
Now he's creeping down my chin  
To my tummy once again  
Down my leg and past my knee  
To my toe that little flea  
GOTCHA! (tickle baby's foot)



...a version from Australia

### On My Foot there is a Flea

On my foot there is a flea  
(touching their foot)  
Now he's climbing up on me  
(climbing fingers up their leg)  
Past my belly  
(continue climbing fingers up)  
Past my nose  
On my head where my hair grows  
(pat their head)  
On my head there is a flea  
Now he's climbing down on me  
(climbing fingers down)  
Past my belly  
(continue climbing fingers down)  
Past my knee  
On my foot  
(touching their foot)  
Take that, you flea  
(clapping hands together)

### Arabella Miller

Tune: Twinkle, twinkle little star  
Little Arabella Miller  
Found a fuzzy caterpillar  
(tickle palm with two fingers)  
First it crawled up on her mother  
(walk fingers up left arm)  
Then it crawled on her baby brother  
(walk fingers up right arm)  
Everyone said, "Arabella Miller!  
(shake index finger))  
Take away that caterpillar!"  
(hide hands behind back)

### A Knee game

What do I see? Baby's knee!  
(circle and Tickle knee)  
Tickly, tickly, tic, tac, tee.  
(circle and Tickle knee)  
One for a penny, two for a pound.  
(tickle knees alternately)  
Tickly, tickly, round and round.  
(tickle body)



# Clap Those Hands!

## We're Glad You're Here

(clap and sing to

"All around the Mulberry Bush")

Baby (name here) has a red shirt on,

Red shirt on, red shirt on

Baby has a red shirt on

We're glad he's (or she's) here today

- repeat with....blue shoes

green pants

yellow dress

pink bow

## Thank You! (suit actions to words)

My hands say thank you

With a clap, clap, clap

My feet say thank you

With a tap, tap, tap

Clap, clap, clap

Tap, tap, tap

I roll my hands

And say Goodbye!

## Five Little Ducks

5 little ducks went out to play

(hold up 5 fingers)

Over the fields and far away

(arc hand up and down)

When mother duck said

Quack! Quack! Quack!

(clap hands like a duck's bill)

4 little ducks came waddling back

(wiggle body or four fingers)

- repeat with 4, 3, 2, 1

Sad mother duck went out one day

Over the fields and far away

(arc hand up and down)

When mother duck said

Quack! Quack! Quack!

(clap loudly using whole arm)

5 little ducks came waddling back

(wiggle body or fingers)

## Little Turtle

I had a little turtle

Who lived in a box (draw a square in the air)

He swam in the puddles (pretend to swim)

And climbed on the rocks (pretend to climb)

He snapped at a mosquito (pinch with fingers)

He snapped at a flea

He snapped at a minnow

And he snapped at me!

He caught the mosquito (clap hands)

He caught the flea

He caught the minnow

But he didn't catch me! (shake head "no")

## Peas Porridge Hot

Peas porridge hot (clap hands 3 times)

Peas porridge cold (tap knees 3 times)

Peas porridge in the pot (clap hands 3 times)

Nine days old (tap knees 3 times)

Some like it hot (clap hands 3 times)

Some like it cold (tap knees 3 times)

Some like it in the pot (clap hands 3 times)

Nine days old (tap knees 3 times)

## Good Morning

One day I saw a downy duck

With feathers on her back

I said "Good morning Downy Duck"

(wave hello)

And she said "Quack, Quack, Quack!"

(clap hands with wrists touching

like a duck's beak)

## Mingle-dee, Pingle-dee

Mingle-dee, pingle, dee

Clap, clap, clap (clap hands)

How many fingers

Do I hold in my lap?

(have child count your fingers)

## Mr. Bullfrog

Here's Mr. Bullfrog (make a fist)

Sitting on a rock (put fist on palm)

Into the water he jumps

KERPLOP! (clap loudly)

## Pat -A-Cake

Pat a cake, pat a cake (clap hands)

Baker's man

Bake me a cake

As fast as you can

Roll it (roll hands)

And pat it (tap knees or pat tummy)

And mark it with a "B"

(draw first letter of baby's name on tummy)

Put it \* in the oven for baby and me!

(clap hands)

\* or throw it (throw hands in air)

## Baa Baa Black Sheep

Baa baa black sheep (clap along to song)

Have you any wool?

Yes sir, yes sir, three bags full

One for my master (one big clap)

And one for my dame (another big clap)

And one (another big clap)

For the little boy (or girl)

Who lives down the lane

### **Clap, clap, clap your hands**

Clap, clap, clap your hands  
Clap them just like me  
Clap, clap, clap your hands  
Clap them just like me  
- also try-

Tap, tap tap your knees.....  
Roll, roll, roll your hands...  
Stomp, stomp, stomp your feet...  
Wave, wave, wave your arms...  
Shake, shake, shake your hands...  
Nod, nod, nod, your head...  
-make up your own verses!-

### **Hickory Dickory Dock**

Hickory dickory dock  
The mouse ran up the clock  
(run fingers up from baby's toes to head)  
The clock struck one  
(clap hands once)  
The mouse ran down  
(run fingers down from head to toes)  
Hickory dickory dock  
- repeat with-  
...the clock struck two (clap twice)  
the mouse said boo!  
...the clock struck three (clap 3 times)  
the mouse said whee!  
...the clock struck four (clap 4 times)  
there is no more

### **Five Fat Sausages**

Five fat sausages sizzling in the pan  
(wiggle 5 fingers palm flat)  
All of a sudden one went BAM! (clap loudly)  
Four fat sausages sizzling in the pan  
(wiggle 4 fingers)  
All of a sudden one went BAM! (clap loudly)  
Three fat sausages sizzling in the pan  
(wiggle 3 fingers)  
All of a sudden one went BAM! (clap loudly)  
Two fat sausages sizzling in the pan  
(wiggle 2 fingers)  
All of a sudden one went BAM! (clap loudly)  
One fat sausage sizzling in the pan  
(wiggle 1 finger)  
All of a sudden it went BAM! (clap loudly)  
Now there are no more sausages sizzling in the pan!  
(shake head no)

### **Clap Handies** (clap hands to rhythm)

Clap, clap handies  
Mommy's little one  
Clap, clap handies  
Daddy's coming home

### **Hot Cross Buns**

Hot cross buns (clap along to rhyme)  
Hot cross buns  
One a penny (one big clap)  
Two a penny (another big clap)  
Hot cross buns

### **Five Green Peas**

Five green peas in a peapod pressed  
(make 2 fists)  
One grew (open fists slowly)  
Two grew  
And so did all the rest  
They grew and they grew (slowly open arms wide)  
And they could not stop  
Till one day that peapod  
Just had to go  
POP! (clap loudly)

### **Bananas**

*by Lana Krumwiede*

One banana, two bananas (clap twice)  
In a bunch (clap 3 times)  
Three bananas, four bananas (clap twice)  
Let's have lunch! (clap 3 times)



### **Tiny Tim** (a good rhyme to 'blow' bubbles to)

There was a little turtle,  
(make a "turtle with one fist  
with the thumb poking out)  
His name was Tiny Tim.  
I put him the bathtub to see if he could swim.  
(swim arms)  
He drank up all the water,  
(pretend to drink from a cup)  
He ate up all the soap,  
(open and close fingers as if they were eating)  
And now he is in the bathtub,  
With a bubble in his throat. (touch throat)  
Bubble, bubble, bubble,  
(slowly open arms wider and wider)  
Bubble, bubble, bubble,  
Bubble, bubble, bubble,  
Bubble, bubble, POP! (clap loudly once on POP)

### **Jack-a-dandy**

(clap along to rhyme)  
Handy spandy Jack-a-dandy  
Loves plum cake and sugar candy  
He bought some at the grocer's shop  
And out he came hop, hop, hop,  
(clap three times loudly  
or bounce baby on knees)

# Bouncing! Bouncing! Bouncing!

## Hippity-Hop

(sing to "Row row your boat")

Hip, hip, hippety hop  
(bounce baby on knees or piggyback)  
Hippety, hippety, hop  
We'll hop around the room today  
Until it's time to stop.

## The Lost Shoe

Doodley doodley doo (bounce on knees)  
The princess lost her shoe  
Her highness hopped  
The fiddler stopped (stop bouncing)  
Not knowing what to do!

## Fiddle de dee

Fiddle de dee, fiddle de dee  
The fly has married the bumble bee  
They went to the church, and married was she  
The fly has married the bumble bee!

## Dickery dare

Dickery, dickery, dare (bounce baby on knees)  
The pig flew up in the air (lift baby up)  
The man in brown soon brought him down  
Dickery, dickery dare! (bounce baby on knees)

## Jump by Kate Greenaway

(good for little jumping beans!)

Jump,jump - jump away  
From this town into the next day  
Jump,jump - jump over the moon  
Jump all the morning, and all the noon  
Jump,jump - jump all night  
Won't our mothers be in a fright?  
Jump,jump - jump over the sea  
What wonderful wonders we shall see  
Jump,jump - jump far away  
And all come home some other day

## Higgelty Piggelty

Higgelty piggelty pop!  
The dog has eaten the mop  
The pig's in a hurry, the cat's in a flurry  
Higgelty piggelty pop!

## Leg over Leg

Leg over leg (bounce baby on one knee)  
As the dog went to Dover  
He came to a wall  
And Jump! (lift baby on to other knee)  
He went over

## Bumpety Bump a Mother Goose Rhyme

(on BUMPS and LUMPS, bounce baby on  
knees or bounce across floor on bottom)  
A farmer went trotting upon his grey mare  
BUMPETY, BUMPETY, BUMP!  
With his daughter behind him so rosy and fair  
LUMPETY, LUMPETY, LUMP!  
A raven cried "croak" and they all tumbled down  
BUMPETY, BUMPETY, BUMP!  
The mare banged her knees and the farmer his crown  
LUMPETY, LUMPETY, LUMP!  
The mischievous raven flew laughing away  
BUMPETY, BUMPETY, BUMP!  
And he vowed he would serve them  
the same the next day  
LUMPETY, LUMPETY, LUMP!

## 5 Little Monkeys

5 little monkeys jumpin' on the bed  
(bounce baby on knees)  
One fell off and bumped his (or her) head  
(tilt baby to side, tap baby's head)  
Mama called the doctor and the doctor said...  
(pretend to call on phone)  
No more monkeys jumpin' on the bed!  
(shake finger "no")  
Four little monkeys.....  
(repeat above with 3, 2, and 1)

## Icky Bicky (bounce baby on knees)

Icky, bicky, soda cracker  
Icky, bicky, boo  
Icky, bicky, soda cracker  
Up goes you! (lift baby up)  
Icky, bicky, soda cracker  
Icky, bicky, boo  
Icky, bicky, soda cracker  
I love you! (give a big hug)

## Little Green Frog

A little green frog in a pond am I  
Hoppity, hoppity, hop (bounce baby)  
I sit on a lily leaf high and dry  
And watch all the fishes as they swim by  
(wiggle hands or baby)  
SPLASH! (clap hands)  
How I make the water fly (throw hands up)  
Hoppity, hoppity, hop! (bounce baby)

### **Two Little Boats**

Two little boats are on the sea (hold baby on lap)  
All is calm as calm can be  
Gently the wind begins to blow  
Two little boats rock to and fro (rock gently)  
Loudly the wind begins to shout  
Two little boats are tossed about (bounce fast)  
Gone is the wind, the storm, the rain (stop rocking)  
Two little boats sail on again

### **Yankee Doodle**

(bounce baby on knees)  
Yankee Doodle came to town  
Riding on a pony  
Stuck a feather in his cap  
And called it macaroni

### **Grandpa's Knees**

The wind blows down the chimney  
The wind blows through the trees  
The wind blows baby up and down  
Upon her Grandpa's knees  
(change to Mommy or Grandma or Daddy...)

### **Old Grey Mare**

(sing to "row row row your boat")  
Clip, clip, clipety clop (bounce baby)  
Clipety, clipety, clop  
The old grey mare goes up and down  
(lift baby up and down)  
Until it's time to stop

### **Derry Down Derry**

Derry down derry (bounce baby)  
And up in the air (lift baby)  
Baby shall ride (bounce baby)  
Without pony or mare  
Clasped in my arms (give a hug)  
Like a queen (or King) on a throne  
Prettiest (or handsomest) rider (give a kiss)  
That ever was known

### **Jack Be Nimble**

Jack be nimble (bounce baby on knees)  
Jack be quick  
Jack jumped over (lift baby to other knee)  
The candlestick!  
Jack jumped high (lift baby up)  
Jack jumped low (bring baby down)  
Jack jumped over (lift baby to other knee)  
And burnt his toe (tickle toe)

### **Bumpin' up and down**

Bumpin' up and down (bounce baby on lap)  
In my little red wagon  
Bumpin' up and down  
In my little red wagon  
Bumpin' up and down  
In my little red wagon  
Won't you be my darlin'  
One wheel's off (tilt baby to the left)  
And the axle's broken  
One wheel's off (tilt baby to the right)  
And the axle's broken  
One wheel's off (tilt baby to the left)  
And the axle's broken  
Won't you be my darlin' (big hug)

### **Baby Rides** (sing to "Mulberry Bush")

This is the way the baby rides  
Baby rides, baby rides  
This is the way the baby rides  
Bouncy, Bouncy, Bouncy  
(gently bounce baby on knees)  
--repeat with...  
Jockey rides....Gallop (bounce faster)  
Showgirl rides....Jumpy (lift baby up and down)

### **Kangaroo Brown**

(gently bounce baby on knees)  
(Older babies will like to jump along)  
Jump, jump, Kangaroo Brown  
Jump, jump, off to town  
Jump, jump, up hill and down  
Jump, jump, Kangaroo Brown

### **Moppety-mop and Poppety-pop:**

An English Nursery Rhyme  
(bounce baby on knees)  
Moppety-mop and Poppety-pop  
Went on their way with a skip and a hop  
One with a skip, and one with a hop  
Moppety-mop and Poppety-pop

### **Rickety Rocking Horse**

Rickety rickety rocking horse  
( bounce baby on knees)  
Over the fields we go (lift baby up)  
Rickety rickety rocking horse  
( bounce baby on knees)  
Giddy - up giddy - up  
Wooaaah!  
(whinny like a horse and lean backwards)

### **Christopher Robin:** by A.A. Milne

Christopher Robin goes (bounce baby)  
Hoppity, hoppity,  
Hoppity, hoppity, hop  
Whenever I ask him politely to stop (stop)  
He says he can't possibly stop (bounce baby)  
If he stopped hopping  
He couldn't go anywhere  
Poor little Christopher Robin  
Couldn't go anywhere  
That's why he always goes  
Hoppity, hoppity,  
Hoppity, hoppity, hop!

### **To Market To Market**

(bounce baby gently on knees)  
To market to market, to buy a fat pig  
Home again, home again  
Jiggety-jig  
To market to market, to buy a fat hog  
Home again, home again  
Jiggety-jog  
To market to market, to buy a plum bun  
Home again, home again  
Market is done

### **Uncle John**

(bounce baby on knees)  
Mother and Father and Uncle John  
Went to town one by one  
Mother fell off (dip to one side)  
Father fell off (dip to other side)  
But Uncle John went on and on  
(bounce a little faster)  
Mother fell off (dip to one side)  
Father fell off (dip to other side)  
But Uncle John went on and on and on and on... (bounce quickly)

### **Popcorn**

Popcorn, popcorn (bounce gently)  
Sittin' in the pot  
Shake it, shake it (wiggle baby)  
POP! POP! POP! (bounce high 3 times)

### **I took a walk** (bounce baby on knees)

I took a walk to town one day,  
and met a cat along the way  
What do you think that cat did say?  
MEOW, MEOW, MEOW

I took a walk to town one day,  
and met a pig along the way  
What do you think that pig did say?  
OINK, OINK, OINK

-repeat with:

cow...MOO	bird...TWEET
dog...WOOF	duck...QUACK
horse...NEIGH	sheep...BAA

### **Flying Man**

Flying man, flying man	(bounce baby on knees)
Up in the sky	(lift baby up)
Where are you going to	(bounce baby on knees)
Flying so high?	(lift baby up)
Over the mountains	(bounce baby on knees)
And over the see	(lift baby up)
Flying man, flying man	(bounce baby on knees)
Can't you take me?	(give big hug)

### **Riding Game** (baby on knees)

This is the way the farmer rides  
A jiggety jog, a jiggety jog (rock side to side)  
This is the way the lady rides  
A prance, a prance (raise and lower slowly)  
This is the way the gentleman rides  
Gallop, gallop, gallop! (bounce quickly)

### **Pop Goes the Weasel**

All around the mulberry bush (bounce on knees)  
The monkey chased the weasel  
In an out and round about  
POP! goes the weasel (lift baby up)

All around the cobbler's bench (bounce on knees)  
The monkey chased the weasel  
That's the way the money goes  
POP! goes the weasel (lift baby up)

All around the mulberry bush (bounce on knees)  
The monkey chased the weasel  
The monkey stopped to scratch his head  
POP! goes the weasel (lift baby up)

### **Rocking Horse**

Rock away, rock away (rock baby front and back)  
On my horse of brown  
Here we go, to and fro  
All around the town  
-repeat with-

Walk away... (sway side to side)  
Trot away.... (bounce slowly)  
Gallop away... (bounce quickly)

### **Banbury Cross:** A Mother Goose Rhyme

(bounce baby on knees)

Ride a cock horse to Banbury Cross  
To meet a fine lady upon a white horse  
With rings on her fingers (wiggle fingers)  
And bells on her toes (wiggle toes)  
She shall have music wherever she goes  
Ride a cock horse to Banbury Cross  
To see what poor Tommy can buy  
A penny white loaf  
And a penny white cake  
And a two penny apple pie (tickle tummy)

### **Humpty Dumpty**

Humpty Dumpty sat on a wall  
Humpty Dumpty had a great fall (tilt to side)  
All the king's horses  
And all the king's men  
Couldn't put Humpty together again

### **Froggies High and Low**

Five little froggies sitting on a wall (bounce baby)  
One looked up and down he fell (tip baby over)  
Froggies jumped high (lift baby up)  
Froggies jumped low (bring baby down)  
Froggies dancing to and fro (wiggle)

### **Horsie Horsie**

Horsie Horsie don't you stop  
Just let your feet go clipety clop (stomp feet)  
Your tail goes swish (sway bottom)  
And the wheels go round (roll hands)  
Giddyup, (bounce faster)  
We're homeward bound

### **Trot Trot**

Trot trot to Boston  
Trot trot to Lynn  
Trot trot to Salem  
Home home again  
Trot trot to Boston  
Trot trot to Lynn  
Trot trot to Salem  
But don't fall in!  
(*"drop"* baby between knees)

### **Wibbleton to Wobbleton**

(great to wiggle and bounce to)

From Wibbleton to Wobbleton is fifteen miles  
From Wobbleton to Wibbleton is fifteen miles  
From Wibbleton to Wobbleton  
From Wobbleton to Wibbleton  
From Wibbleton to Wobbleton is fifteen miles

### **A Little Green Froggie**

A little green froggie am I, am I  
A- Hippity, hippity, hop (bounce baby on knees)  
I can jump in the air so high (lift baby)  
A- Hippity, hippity, hop (bounce baby on knees)

### **10 Galloping Horses**

10 galloping horses came to town (bounce baby)  
Some were white and  
Some were brown  
5 went up (lift baby up)  
5 went down (bring baby back down)  
10 galloping horses came to town (bounce baby)

### **Bookety Boo**

This little horse goes (bounce baby)  
Bookety Bookety  
This little horse goes (bounce baby)  
Bookety Bookety  
This little horse goes (bounce baby)  
Bookety Bookety  
Bookety Bookety  
BOO! (lift baby up)

### **Rigadoon**

(*cross one leg over the other*)

Rigadoon, rigadoon (bounce baby on knee)  
Up you fly (lift baby up)  
Slide down to Daddy's foot  
(slide baby down to your foot)  
Jump up high (raise foot high)

### **Roll in the Clover**

(fun when playing horsie on hands and knees)

A trot, a canter  
A gallop and over  
Out of the saddle (fall to the ground)  
And roll in the clover

### **Pony Girl** (or Boy)

Pony girl, pony girl (bounce baby on knees)  
Won't you be my pony girl?  
Giddy-up, giddy-up  
WHEE! (lift baby up high)  
My pony girl (bounce baby on knees)

### **Jack-a-dandy**

(bounce along to rhyme)

Handy spandy Jack-a-dandy  
Loves plum cake and sugar candy  
He bought some at the grocer's shop  
And out he came hop, hop, hop,  
(bounce three times on knees)

### **She'll be Comin' Round the Mountain**

(bounce and clap along to the song)

She'll be comin' round the mountain

When she comes,  
(When she comes).

She'll be comin' round the mountain

When she comes,  
(When she comes).

She'll be comin' round the mountain,

She'll be comin' round the mountain,

She'll be comin' round the mountain,

When she comes,  
(When she comes).

### **Trot, Trot, Trot, Trot**

Trot, trot, trot, trot

Go and never stop

Trudge along my little pony

Even where it's rough and stony

Trot, trot, trot, trot

Go and never stop

### **Come Along My Little Pony**

Come along my little pony (bounce slowly)

A-cantering we will go

Trot, trot, tippity-trot  
(repeat 3 times)

Trot, trot, WHOA! (lean backwards)

Come along my little pony (bounce faster)

A-galloping we will go

Tap, tap, tappity-tap  
(repeat 3 times)

Tap, tap, WHOA! (lean backwards)

### **Do Not Let Me Fall**

Horsie, Horsie ride with me

(bounce baby on knees)

Across the land and

Across the sea,

Horsie, Horsie ride with me

But do not let me

FALL!

(drop baby between knees or lean sideways)

### **Giddy-up Horsie**

Giddy-up Horsie to the fair

What will we buy when we get there?

A penny apple

And a penny pear

Giddy-up Horsie to the fair

### **Annady Mannady**

Annady, mannady

Micady me

Abbady, babbady

Bounce on my knee!

### **Mrs. Hen**

Chook, chook, chook, chook

Good morning Mrs. Hen

How many chickens have you got?

Madam, I've got ten!

Four of them are yellow,

Four of them are brown,

And two of them are speckled red

The nicest in the town!

### **Jumping Beans**

One, two, three four

Beans came jumping through the door

Five, six, seven, eight

Jumping up onto my plate!

### **Giddy-up**

Climb on up

On Daddy's (or Mommy's) knee

Take a horsie ride with me

Giddy-up, giddy-up

Ride to town

Giddy-up, giddy-up

Up and down

Giddy-up fast

Giddy-up slow

Giddy-up, giddy-up, giddy-up,

WHOA! (lean backwards)

### **Dump Truck**

Dump truck dump truck

Bumpin' down the road

Spillin' gravel as you travel

With your heavy load

Bumpety bumpety bump

Dump truck dump truck - Dump! (tip baby over)

### **To The Rodeo**

*by Amie Johnson*

Bouncing baby on my knee

Ride this horse to Tennessee

Ride it fast and ride it slow

Ride it to the rodeo!

### **I Had a Little Pony**

I had a little pony

That trotted up and down

I bridled him and saddled him

And trotted out of town

### **See-saw Sacradown** (bounce baby on knees)

See saw Sacradown

Which is the way

To London town?

One foot up (march baby's feet)

The other foot down

That is the way

To London town



### **A Smooth Road**

A smooth road, a smooth road,  
(with baby on your knees, stroke baby's legs  
on each 'a smooth road')  
a smooth road, a smooth road  
A bumpy road, a bumpy road,  
(bounce baby gently on the 'bumpy' road)  
a bumpy road, a bumpy road  
A rough road, a rough road,  
(The road is a little more bumpy)  
a rough road, a rough road  
A hole!  
(Baby 'falls' in the space between your legs)

### **She Fell Into the Bathtub** by Dennis Lee

(Or 'He' depending on your baby)  
She fell into the bathtub  
(tip baby back as though falling)  
She fell into the sink (repeat)  
She fell into the raspberry jam (repeat)  
And came out pink! (lift baby up)  
We put her in the backyard  
And left her in the rain  
(run fingers over baby like rain)  
By half past supertime  
It washed her clean again! (finish with a hug)

### **Cha-Cha Cha-bin**

Cha-cha, cha-bin (bounce baby on your knees)  
Cha-cha, cha-bin  
Look out baby  
You might fall in!  
(let baby fall gently between your legs)

### **Robins**

A robin and a robin's son  
Went to town to buy a bun  
(bounce baby slowly)  
They couldn't decide on plum or plain  
(touch each one of the child's cheeks  
on plum and plain)  
And so they went back home again  
(fast bouncing)

### **Glump glump went the little Green Frog**

Glump glump (bounce baby on "Glump")  
Went the little green frog one day  
Glump glump  
Went the little green frog  
Glump glump  
Went the little green frog one day  
And the frog went, glump , glump , glump

### **Five Humpty Dumpty's**

Five Humpty Dumpty's sitting on a wall  
(bounce baby on knees)  
Five Humpty Dumpty's sitting on a wall  
And if one Humpty Dumpty should accidentally fall ....  
CRACK !  
(tip baby to side or between legs)  
There'll be four Humpty Dumpty's sitting on the wall  
  
Four Humpty Dumpty's sitting on a wall...  
Three Humpty Dumpty's sitting on a wall ...  
Two Humpty Dumpty's sitting on a wall ...  
  
One Humpty Dumpty sitting on a wall  
One Humpty Dumpty's sitting on a wall  
And if one Humpty Dumpty should accidentally fall ....  
CRACK !  
There'll be no Humpty Dumpty's sitting on the wall

## **Moving all of me!**

### **Here's a Ball for Baby**

Here's a ball for baby (make ball with hands)  
Big and soft and round  
Here is baby's hammer (tap fists together)  
See how he (or she) can pound  
Here is baby's music (clap hands)  
Clapping clapping so  
Here are baby's soldiers  
(hold fingers up straight)  
  
Standing in a row  
Here is baby's trumpet, (hold hands to mouth)  
Toot, too-toot, too-too  
Here's the way that baby (cover eyes)  
Plays at peekaboo!  
Here is her (or his) umbrella (hold hands over head)  
To keep our baby dry  
Here is baby's cradle (pretend to rock baby in arms)  
To rock a baby bye

### **Here is a Box**

Here is a box (make a fist)  
Put on the lid (cover fist with other hand)  
I wonder whatever inside is hid?  
(peek under the lid)  
Why it's a \_\_\_\_\_ without any doubt  
(name an object)  
Open the box and let it come out!  
(open the box and  
make appropriate noise  
and motions for object)



### **I Touch My Head** (suit actions to words)

I touch my head  
I touch my toes  
I turn around  
And touch my nose  
I touch my shoulders  
I touch my knees  
Now sit down please

### **Little Birdie**

I saw a little birdie  
Go hop, hop, hop (bounce baby)  
I asked the little birdie  
Won't you stop, stop, stop? (hold out "stop" hand)  
I went to the window  
To say how do you do (wave hello)  
But he shook his little tail (wiggle bottom)  
And away he flew (flap arms)

### **Once I Saw a Bunny**

Once I saw a bunny  
(make bunny ears with 2 fingers)  
And a green cabbage head  
(make baby's fist to be the cabbage)  
"I think I'll have some cabbage"  
The little bunny said  
So he nibbled and he nibbled  
(nibble fingers on baby's hand)  
And he pricked his ears to say  
(make finger bunny ears)  
"Now I think it's time  
I should be hopping on my way"  
(bounce baby on knees)

### **Winding Wool**

Help me wind my ball of wool (pretend to wind)  
Hold it gently, do not pull  
Wind the wool, and wind the wool  
Around, around, around

### **Number One**

(actions follow words)  
Number one touch your tongue  
Number two, touch your shoe  
Number three, touch your knee  
Number four, touch the floor  
Number five, wiggle and jive  
Number six, pick up sticks  
Number seven, point to heaven  
Number eight, open the gate (open arms wide)  
Number nine, bend your spine (bend over)  
Number ten, let's do it again! (jump up)

### **Grandma's Glasses**

These are grandma's glasses  
(circle eyes with thumb & forefinger)  
This is grandma's hat  
(touch head)  
Here's how grandma folds her hands  
And puts them in her lap  
These are grandpa's glasses  
(circle eyes with thumb & forefinger)  
This is grandpa's hat  
(touch head)  
Here's how grandpa folds his arms  
And takes a little nap (close eyes and nod head)

### **Clocks & Watches**

(hold baby under arms and swing gently  
side to side - or - have older baby clasp  
hands and swing arms like a pendulum)  
Grandfather's clock says  
Tick, tock, tick, tock.... (swing slowly)  
Grandmother's clock says  
Tick, tick, tick, tick... (swing fast)  
Mama's watch says  
Tick-a, tick-a, tick-a, tick-a.... (swing faster)

### **Yadeem ul Harosh!** *Hands on the Head*

a Hebrew children's rhyme  
Echud, shtiyeeem, shelosh  
*one, two, three*  
Yadeem ul harosh!  
*hands on the head!*

### **Mary Had a Little Lamb**

Mary had a little lamb, (clap hands)  
Little lamb, little lamb,  
Mary had a little lamb,  
Its fleece was white as snow  
Hand to knee and stretch out,  
(stretch baby's hand to knee, then over head)  
Stretch out, stretch out,  
Hand to knee and stretch out,  
It's fun to play with you! (big hug)

### **Lazy Katie** (suit actions to words)

*\*sing to "Where oh where is dear little Sally"*  
What shall we do with lazy Katie? (fill in baby's name)  
What shall we do with lazy Katie?  
What shall we do with lazy Katie?  
Early in the morning.

Roll her on the bed and tickle all over  
Roll her on the bed and tickle all over  
Roll her on the bed and tickle all over  
Early in the morning.

Heave ho and up she rises  
Heave ho and up she rises  
Heave ho and up she rises  
Early in the morning!

### **Wiggle Your Fingers and Toes**

Show me how you clap your hands  
Clap, clap, clap  
Show me how you tap your feet  
Tap, tap, tap  
Clap, clap, clap  
Tap, tap, tap  
Wiggle your fingers and toes!  
Show me how you nod your head  
Nod, nod, nod  
Show me how you flap your arms  
Flap, flap, flap  
Nod, nod, nod  
Flap, flap, flap  
Wiggle your fingers and toes!

### **Pancakes**

Mix a pancake (roll hands)  
Stir a pancake  
Pop it in a pan (bounce baby once)  
Fry the pancake (rock side to side)  
Toss the pancake (lift baby up high)  
Catch it if you can!

### **This Little Pig-A-Wig** (great at bathtime)

This little pig had a rub-a-dub  
(rub baby's leg)  
This little pig had a scrub-a-dub  
(rub other leg)  
This little pig-a-wig ran upstairs  
(run fingers up baby's arm)  
This little pig-a-wig called out "bears!"  
(shout "bears!")  
Down came the jar with a loud slam, bam!  
(clap hands or slap water)  
And this little pig-a-wig ate up all the jam  
(rub baby's tummy)

\*also say this rhyme wiggling fingers or toes

### **One Potato**

\* lie younger baby on back  
One potato, two potato  
(arms or legs apart & together)  
Three potato,  
(arms apart)  
BOO!  
(lift baby up - or - play peekaboo)  
Four potato, five potato  
(arms or legs apart & together)  
I love you (big hug)

### **Teddy Bear Teddy Bear** (our storytime version)

(do actions as rhyme indicates)  
Teddy bear teddy bear turn around  
Teddy bear teddy bear touch the ground  
Teddy bear teddy bear show your shoe  
Teddy bear teddy bear I love you  
(give a big hug)  
Teddy bear teddy bear reach up high  
Teddy bear teddy bear wave goodbye!

### **Teddy Bear** (many versions in one)

Teddy bear, teddy bear turn around  
Teddy bear, teddy bear touch the ground  
Teddy bear, teddy bear show your shoe  
Teddy bear, teddy bear I love you

Teddy bear, teddy bear touch you nose  
Teddy bear, teddy bear dance on your toes  
Teddy bear, teddy bear go upstairs  
Teddy bear, teddy bear say your prayers  
Teddy bear, teddy bear turn out the light  
Teddy bear, teddy bear say good night!  
Teddy bear, teddy bear wake up now  
Teddy bear, teddy bear take a bow!

### **Up the Hill**

(a Malaysian folk game)  
(use baby's arm as the hill)  
Here goes a turtle up the hill  
- creepy, creepy, creepy, creepy  
Here goes a rabbit up the hill  
- boing, boing, boing, boing  
Here goes an elephant up the hill  
- thud, thud, thud, thud  
Here goes a snake up the hill  
- slither, slither, slither, slither  
Here comes a rock down the hill  
- boom, boom, boom, boom  
(jump your fist down baby's arm)  
CRASH! (land fist in baby's open palm)

### **We Can**

(suit actions to words)  
We can jump, jump, jump.  
We can hop, hop, hop.  
We can clap, clap, clap.  
We can stomp, stomp, stomp.  
We can shake our heads for "yes".  
We can shake our heads for "no".  
We can bend our knees a little bit,  
And sit down slow.

### **Up I Stretch** (actions follow words)

Up I stretch on tippy toe  
Down to touch my heels I go  
Up again my arms I send  
Down again my knees I bend  
\* sing up and down the scale

### **Dingle Dangle Scarecrow**

When all the cows were sleeping  
And the sun had gone to bed  
Up jumped the scarecrow (lift baby or jump)  
And this is what he said:

I'm a dingle dangle scarecrow  
With a floppy floppy hat (shake head)  
I can shake my hands like this (shake hands)  
And shake my feet like that (wiggle feet)

When all the cows were in the meadow  
And the pigeons in the loft  
Up jumped the scarecrow (lift baby or jump)  
And whispered very soft

I'm a dingle dangle scarecrow...

When all the hens were roosting  
And the moon behind a cloud  
Up jumped the scarecrow (lift baby or jump)  
And shouted very loud

I'm a dingle dangle scarecrow...

### **I'm a Train**

I'm a choo-choo train  
(bend baby's arms at sides)  
Chugging down the track  
(rotate arms in rhythm)  
First I go forward  
(rotate arms forward)  
Then I go back  
(rotate arms backward)  
Now my bell is ringing  
(tug baby's ear)  
Hear my whistle blow  
(tug baby's other ear & toot like whistle)  
What a lot of noise I make  
(cover baby's ears with hands)  
Everywhere I go! (stretch arms out wide)

### **Looby Loo**

Here we go looby loo (walk into circle)  
Here we go looby lie (walk back out)  
Here we go looby loo (walk into circle)  
All on a Saturday night (walk back out)

I put my right hand in  
I put my right hand out  
I give my hand a shake, shake, shake  
And turn myself around (turn around)

Here we go looby loo (walk into circle)  
Here we go looby lie (walk back out)  
Here we go looby loo (walk into circle)  
All on a Saturday night (walk back out)

-repeat with left hand, right foot, left foot, head,...

### **Swing Me Over**

(swing baby gently between legs and up in  
the air for each line)  
Swing me over the water  
Swing me over the sea  
Swing me over the garden wall  
And swing me home for tea  
(finish with a big hug)

### **Water Water**

(great for bathtime)  
Water, water, splosh, splosh, splosh  
(pretend to splash)  
Lather, lather, wash, wash, wash  
(rub palms together)  
Bubble, bubble, rub, rub, rub  
(rub baby's tummy)  
Trickle, trickle, scrub, scrub, scrub  
(trickle fingers on cheek)

### **Reach for the Stars**

Bend and stretch, reach for the stars  
(bend baby low & stretch arms high)  
Here comes Jupiter, there goes Mars  
(wiggle left arm, wiggle right arm)  
Bend and stretch, reach for the sky  
(bend low & stretch high)  
Stand on tiptoe, oh so high!  
(reach up high)

### **Three Little Monkeys**

Three little monkeys (hold up 3 fingers)  
Hanging in a tree  
Eating a banana (peel & eat banana)  
One had a frown (make a frown)  
One had a grin (smile)  
And one had banana  
All over his chin! (tickle baby's chin)

### **Autumn Leaves**

Leaves are floating softly down (swirl hands down )  
They make a carpet on the ground  
Then WOOSH! The wind comes whistling by  
(swing hands up)  
And sends them dancing to the sky  
(swirl hands up)

### **Roly poly**

Roll hands round each other,  
in direction named)  
Roly poly, roly poly, up, up, up,  
Roly poly, roly poly, down, down, down;  
Roly poly, roly poly, out, out, out,  
Roly poly, roly poly, in, in, in,  
(give a big hug)

### **Ring Around a Rosy**

(hold baby in arms or hold hands in a circle  
using stuffed animals or dolls for extras)

Ring around a rosy (walk in a circle)  
A pocket full of posies  
Ashes, ashes,  
We all fall down! (fall to floor)

### **Getting Dressed**

(act out rhyme)

The shoe goes on the foot  
The foot goes in the shoe  
We tie the laces in a bow  
And then we're ready to go, go, go!

### **The Kissing Rhyme**

(lift baby up and down)

Up, up, up in the sky like this  
Down, down, down, for a great big kiss  
(give a kiss)  
Up like this, down for a kiss,  
(give another kiss)  
You're a special baby!  
(give a big hug)

### **Blowing Bubbles**

Dip your pipe and gently blow  
(pretend to dip pipe and blow)  
Watch the tiny bubble grow  
Big and bigger, (spread hands wide)  
Round and fat, (spread hands wider)  
Rainbow colored, and then  
SPLAT! (clap hands loudly)

### **Baby Baby** (lay baby down)

Baby baby clap your hands (clap baby's hands)  
Smile your smile so sweet (touch baby's lips)  
Bend your knees (bend baby's knees)  
And stretch your legs (stretch baby's legs)  
And tickle little feet (tickle baby's feet)

### **Socks and Shoes**

(a fun rhyme for getting dressed)

Socks and shoes, socks and shoes  
Stripes and spots, reds and blues  
Boots for rain, boots for snow  
Slip them on, and off we go!

### **After My Bath**

After my bath I try, try, try  
To rub with a towel till I'm dry, dry, dry  
(pretend to rub body with towel)  
Just think how much less time I'd take  
If I were a dog and could shake, shake, shake!  
(shake baby gently)

### **Little Robin Readbreast**

Little robin readbreast  
Sat upon a rail  
Niddle noodle went his head  
(nod head side to side)  
Wiggle waggle went his tail  
(wiggle bottom)

### **Jelly in the bowl**

Jelly in the bowl, jelly in the bowl  
(jiggle baby's tummy)  
Wiggle, waggle, wiggle, waggle  
(rock baby side to side)  
Jelly in the bowl  
(jiggle baby's tummy)  
Biscuits in the tin, biscuits in the tin  
Shake them up, shake them up  
(bounce baby up and down)  
Biscuits in the tin  
Sausage in the pan, sausage in the pan  
Sizzle, sizzle, sizzle, sizzle  
(wiggle or tickle baby)  
Sausage in the pan  
Candles on the cake, candles on the cake  
Blow them out, blow them out  
(blow gently)  
Candles on the cake

### **Wheels on the Bus**

The wheels on the bus go round and round  
(roll baby's hands  
-or- do bicycle motion with legs)  
Round and round, round and round  
The wheels on the bus go round and round  
All through the town  
-Repeat with...  
The wipers on the bus go swish swish swish  
(wave arms back and forth)  
The horn on the bus goes beep beep beep  
(tap baby's nose or poke belly)  
The people on the bus go bump bump bump  
(lift baby up and down)  
The babies on the bus go wah wah wah  
(pretend to rub eyes)  
The Mommies on the bus go shh shh shh  
(put finger to lips)

### **Wiggly Worm**

(wiggle baby gently)  
(also a good tickle game)  
Where's my wiggly worm?  
Here's my wiggly worm  
Wiggly and jiggly,  
Squiggly and giggly  
Here's my wiggly worm!

### **Row Row Row Your Boat**

(hold baby on lap  
or- sit on floor and rock back and forth)

Row, row, row your boat  
Gently down the stream  
Merrily, merrily, merrily, merrily  
Life is but a dream

Row, row, row your boat  
Down the jungle stream  
If you see a crocodile  
Don't forget to scream!

### **Rub-a dub-dub**

Rub-a-dub-dub (rub noses with baby)  
Three men in a tub  
And who do you think they be?  
The butcher (tickle under left arm)  
The baker (tickle under right arm)  
The candlestick maker (tickle baby's tummy)  
And out they jumped all three (lift baby up)

### **My Bonnie**

(lift baby up each time you say Bonnie)

My Bonnie lies over the ocean  
My Bonnie lies over the sea  
My Bonnie lies over the ocean  
Oh bring back my Bonnie to me  
Bring back, bring back (rock back and forth)  
Oh bring back my Bonnie to me, to me  
Bring back, bring back (rock back and forth)  
Oh bring back my Bonnie to me

### **Heave Ho!**

(lay baby down, pull baby up very gently by  
the arms to a sitting position)

Heave ho, heave ho  
Hold me tight  
Don't let me go  
One two, one two  
You love me  
And I love you  
(give baby a big hug & kiss)

### **I'm a little teapot**

I'm a little teapot, short and stout,  
Here is my handle, (put hand on hip)  
Here is my spout. (hold other arm out to side)  
When I get all steamed up, hear me shout!  
Tip me over, and pour me out. (lean to side)

### **Teeter Totter**

(lift baby up and down)

Up and down, and up and down,  
High up in the sky  
Up and down, and up and down,  
On our teeter totter

### **Jack in the Box**

Jack in the box, (curl baby up)  
Lying so still.  
Won't you come out?  
Yes I will! (lift baby up)

### **Train Song by Mary Radhammer Kiang**

(swing arms front and back like train wheels)

Clackety-clack, clackety-clack  
The train goes around the railroad track  
Clackety-clack, clackety-clack  
Engine in front, caboose in the back

### **The Seesaw**

(lift baby up and down)

The seesaw goes up, the seesaw goes down.  
Seesaw up, seesaw down.  
Seesaw stops, one end on the ground.

### **1-2 Buckle My Shoe**

1-2 buckle my shoe (stamp foot)  
3-4 shut the door (pretend to slam door)  
5-6 pick up sticks (pretend to pick up sticks)  
7-8 lay them straight  
(spread out hands on floor)  
9-10 a big fat hen!  
(jump up and spread arms wide)

### **The Little Clock**

The little clock goes  
tick tock, tick tock (swing baby side to side)  
The big clock goes  
Ding dong, ding dong (swing baby between legs)

### **The Little Duck**

I think it was the best of luck  
That I was born a little duck  
With yellow feet and yellow shoes (wiggle feet)  
Just fit to waddle where I choose (wiggle body)

### **Helen Hipsway by Alan Benjamin**

Helen Hipsway (wiggle slowly)  
Did a dance  
She wiggled so much (wiggle faster)  
She lost her pants!

### **Up to the heavens**

Up to the heavens (swing baby up)  
Down to the sea (swing baby down)  
How many kisses from you to me? (give kisses)  
Up to the heavens (swing baby up)  
Down to the sea (swing baby down)  
How many fishes can you see?  
1,2,3,4,5! (tickle fingers or toes)

### **Down by the Station**

(pretend to be on a train)

Down by the station  
Early in the morning  
See the little puffer bellies  
All in a row  
See the engine driver  
Pull the little handle  
Puff puff! Toot toot! (pretend to pull whistle)  
Off we go!

### **The Royal Duke of York**

(follow words moving arms or whole body up and down)

Oh the royal Duke of York  
He had ten thousand men  
He marched them up to the top of the hill  
And marched them down again  
And when they're up - they're up  
And when they're down - they're down  
But when they're only halfway up  
They're neither up nor down

- other verses:

They played their pipes to the top of the hill  
They beat their drums to the top of the hill...  
They waved their flags at the top of the hill...  
- Make up your own!

### **Leaves**

The leaves are falling down (flutter fingers down)  
Hushhhhh  
The leaves are falling down (flutter fingers down)  
Hushhhhh  
Whisper, whisper, whisper, whisper  
(swirl hands in the air)  
The leaves are falling down (flutter fingers down)  
Hushhhhh

### **Snow**

The snow is falling down (flutter fingers down)  
Hushhhhh  
The snow is falling down (flutter fingers down)  
Hushhhhh  
Whisper, whisper, whisper, whisper  
(swirl hands in the air)  
The snow is falling down (flutter fingers down)  
Hushhhhh

### **Rain**

The rain is falling down (flutter fingers down)  
SPLASH! (clap loudly)  
The rain is falling down (flutter fingers down)  
SPLASH! (clap loudly)  
Pitter patter, pitter patter  
(flutter fingers down)  
The rain is falling down (flutter fingers down)  
SPLASH! (clap loudly)

### **Little Blue Whale**

(fun for pool-time or bathtime!)

Little blue whale  
In a big blue sea  
Splish, splash  
Swim with me  
Dip a little  
Dive a little  
Dunk a little whale  
Come back up (lift baby out of water)  
And flip your tail!

### **Exercises**

Reach up high  
Bend down low  
Reach up high  
Bend down low  
Reach up, up, up  
Bend down, down, down  
Up, up, up  
Down, down, down  
And...  
JUMP! JUMP! JUMP!

### **If You're Happy**

If you're happy and you know it  
Clap your hands (clap twice)  
If you're happy and you know it  
Clap your hands (clap twice)  
If you're happy and you know it  
Then your face will surely show it (touch cheeks)  
If you're happy and you know it  
Clap your hands (clap twice)

If you're happy and you know it  
Stomp your feet ...

If you're happy and you know it  
Shout Hooray... HOORAY! (wave hands high)

### **Rig A Jig Jig**

As I was walking down the street (clap hands)  
Down the street  
Down the street  
A happy friend I chanced to met  
High Ho! High Ho! High Ho!  
A rig a jig jig and away we go (roll hands)  
Away we go  
Away we go  
A rig a jig jig and away we go  
High Ho! High Ho! High Ho! (clap hands)

### **Fally Fally**

Fally, fally, fally, fally  
(face each other—hold baby's hands, slowly  
lean baby backwards)  
Up, up, up, again!  
(bring baby back up straight)

### **The Paw Paw Patch**

Where oh where is dear little \_\_\_\_\_ (baby's name)  
(clap along to song)  
Where oh where is dear little \_\_\_\_\_ (baby's name)  
Where oh where is dear little \_\_\_\_\_ (baby's name)  
Way down yonder in the paw paw patch  
Picking up paw paws put 'em in her (or his) pocket  
(reach down and touch hip)  
Picking up paw paws put 'em in her (or his) pocket  
Picking up paw paws put 'em in her (or his) pocket  
Way down yonder in the paw paw patch

### **This Old Man**

This old man, he played one (hold up one finger)  
He played knick-knack on my thumb;  
(hold up your thumb)  
With a nick-knack, (tap knees twice)  
Paddywhack (clap hands twice)  
Give a dog a bone (extend one hand out)  
This old man  
Came rolling home (Roll hands)  
  
This old man, he played two . (hold up 2 fingers)  
He played knick-knack on my shoe (tap shoe)  
  
This old man, he played three (hold up 3 fingers)  
He played knick-knack on my knee (tap knee)  
  
This old man, he played four (hold up 4 fingers)  
He played knick-knack on the floor (tap floor)

### **Niddely Noodley**

Niddely noodley to and fro (rock side to side)  
Tired and sleepy to bed we go  
Jump into bed (lift baby up)  
Blow out the light (blow on baby's cheek)  
Head on the pillow (lay baby's head on your arm)  
Shut your eyes tight (rock side to side)

### **Little Kitty** (stroke fist with other hand)

Soft kitty, warm kitty (form fist with one hand)  
Little ball of fur  
Pretty kitty, sleepy kitty  
Purr, purr, purr

### **Drip Drop Plop**

(tap hands on knees)  
The rain goes drip drop  
The rain goes drip drop  
The rain goes drip drop  
Drip drop  
PLOP! (clap hands once loudly)

### **Can You**

(suit actions to words)  
Can you walk on tiptoe  
As softly as a cat?  
Can you stamp along the road  
Stamp, stamp, just like that?  
Can you take some great big strides  
Just like a giant can?  
Can you walk along slowly  
Just like an old old man?

### **Here We Go Round the Mulberry Bush**

(roll hands while singing)  
Here we go 'round the mulberry bush,  
The mulberry bush,  
The mulberry bush.  
Here we go 'round the mulberry bush,  
So early in the morning.

### **Wind the Bobbin**

Wind the bobbin and wind the bobbin  
(roll hands)  
And pull, pull, (pretend to pull ends of string)  
And tap, tap, tap. (tap fists together 3 times)  
Wind the bobbin and wind the bobbin  
(roll hands)  
And pull, pull, (pretend to pull ends of string)  
And tap, tap, tap. (tap fists together 3 times)

Point to the window  
Point to the door,  
Point to the ceiling  
Point to the floor.  
Clap your hands together  
One two three  
Rub your hands together  
And tap your knee.

Wind the bobbin and wind the bobbin  
(roll hands)  
And pull, pull, (pretend to pull ends of string)  
And tap, tap, tap. (tap fists together 3 times)  
Wind the bobbin and wind the bobbin  
(roll hands)  
And pull, pull, (pretend to pull ends of string)  
And tap, tap, tap. (tap fists together 3 times)

### **Baby Birds**

Up in the sky, baby birds fly (flap arms)  
Down in their nest, baby birds rest (cup hands)  
With a wing on the left (flap left arm)  
And a wing on the right (flap right arm)  
Tired baby birds sleep all night  
(rock arms like rocking a baby)



### Your Little Hands

Take your little hands and go clap, clap, clap  
Take your little hands and go clap, clap, clap  
Take your little hands and go clap, clap, clap  
Clap, clap, clap with your hands

*-repeat with-*

Take your little toes and go tap, tap, tap  
Take your little ears and go wiggle, wiggle, wiggle  
Take your little arms and go flap, flap, flap  
*-make up more of your own! -*

### Here Come the Ducks

Here comes the daddy with his great big feet  
(stomp feet)  
Here comes the mommy with her feathers so neat  
(brush hands down arms  
like smoothing feathers)  
Then come the babies all in a row  
Waddle, waddle, waddle, waddle  
(sway baby side to side)  
There they go!

### Leap Frog

Leap frog, leap frog, easy as can be  
(bounce baby on knees)  
I'll leap with you and you leap with me

Wiggle worm, wiggle worm, easy as can be  
(wiggle body)  
I'll wiggle with you and you wiggle with me

Flap birdie, flap birdie, easy as can be  
(flap arms)  
I'll flap with you and you flap with me!

*-make up more motions of your own! -  
-a great mirror game for older babies and toddlers -*

### Five Little Monkeys Swinging in A Tree

Five little monkeys swinging in a tree  
(swing arms back and forth)  
Teasing Mr. Crocodile... "You Can't Catch Me!"  
(shake index finger)  
Along came Mr. Crocodile, quiet as can be and....  
(palms together, sway arms left and right)  
SNAP!  
(open and shut arms like big crocodile jaws  
clapping once loudly)  
*...repeat with 4, 3, 2, 1...*  
Now there are no more monkeys swinging in the tree!  
(hold hands out to sides, shake head "no")

### See-saw Sacradown

(march baby's feet up and down)  
See saw sacradown  
Which is the way to London town?  
One foot up  
The other foot down  
This is the way to London town

### Here's a Cup

Here's a cup,  
(make a fist with your left hand)  
And here's a cup,  
(make a fist with your right hand)  
And here's a pot of tea.  
(lift up the thumb of your right hand)  
Pour a cup,  
(pour your right hand into the  
cup of your left hand)  
And pour a cup,  
(make your left hand a teapot and  
pour into your right hand)  
And have a drink with me.  
(turn your left hand into a saucer  
and put your right hand on top,  
and 'drink' your cup of tea)

### Pat Your Head

Pat your head  
And rub your tummy  
Tickle your toes  
And hug your Mummy

### My Garden

This is my garden (hand in front  
palm up)  
I'll rake it with care (rake with fin-  
gers)  
And then some flower seeds (sprinkle  
seeds)  
I'll plant there (pat palm with  
fingers)  
The sun will shine (make circle  
with arms overhead)  
And the rain will fall (wiggle fingers  
downward)  
And my garden will blossom (make fists,  
open fingers slowly)  
Growing straight and tall (reach hands  
high above head)

### Zoom, Zoom Zoom

(say while walking around the room  
- arms outstretched)  
Zoom, zoom, zoom  
We're going to the moon  
Zoom, zoom, zoom  
We're going very soon  
If you want to take a trip  
Climb aboard my rocket ship  
Zoom, zoom, zoom  
We're going to the moon  
(toddlers crouch down,  
adults be ready to lift babies into the air)  
5,4,3,2,1  
Blast off!! (toddlers jump up, adults lift babies up)



### **See me Spinning**

See me spinning round and round  
Making such a merry sound  
Dancing lightly on my toes,  
Oh, how quickly I can go-o!  
But this spinning round so fast,  
Makes me dizzy grow at last,  
And I fall upon the floor,  
Then get up and spin some more.

### **Marching in our rainboots**

*(stomp around the room and say this rhyme)*

Marching in our rainboots  
Tramp, tramp, tramp  
Marching in our rainboots  
We won't get damp

Splashing in the puddles  
In the rain, rain, rain  
Splashing through the puddles  
And splashing home again

## **Wiggle Your Fingers and Toes**

### **Wiggle Your Toes**

*(sing to "row row row your boat")*

Wiggle, wiggle, wiggle your toes  
Wiggle them up and down  
Wiggle them fast, wiggle them slow  
Wiggle them all around

### **One is a Dog**

*(count on fingers)*

One is a dog that says bow-wow!  
Two is a cat that says meow!  
Three is a crow that says caw caw!  
Four is a donkey that says hee-haw!

### **My Fingers** *(sing to "Mulberry Bush")*

This is the way my fingers play  
*(wiggle fingers)*  
Fingers play, fingers play  
This is the way my fingers play  
So early in the morning

### **Three Little Monkeys**

Three little monkeys *(hold up 3 fingers)*  
Hanging in a tree  
Eating a banana *(peel & eat banana)*  
Just like me  
One had a frown *(make a frown)*  
One had a grin *(smile)*  
And one had banana  
All over his chin! *(tickle baby's chin)*

### **Here is the Church**

Here is the church  
*(interlace hands fingers inside)*  
And here is the steeple  
*(put index fingers together)*  
Open the doors *(turn hands over)*  
And see all the people! *(wiggle fingers)*

### **Two Little Blackbirds**

Two little blackbirds *(hold both thumbs up)*  
Sitting on a hill  
One named Jack *(wiggle right thumb)*  
And the other named Jill *(wiggle left thumb)*  
Fly away Jack *(hide hand behind back)*  
Fly away Jill *(hide other hand behind back)*  
Come back Jack *(bring thumb back out)*  
Come back Jill *(bring other thumb back out)*

*...a British version...*

### **Two Little Dickie Birds**

Two little dickie birds sitting on the wall  
*(hold up two fingers, one on each hand)*  
One named Peter, one named Paul  
*(show each finger individually on each name)*  
Fly away Peter, Fly away Paul  
*(place each finger behind your back, one at a time)*  
Come back Peter, Come back Paul  
*(bring each finger back, one at a time)*

Two little caterpillars sitting on a branch  
*(hold up two fingers, one on each hand)*  
One named Betty, one named Blanche  
*(show each finger individually on each name)*  
Crawl away Betty, Crawl Blanche  
*('crawl' away each finger)*  
Come back Betty, Come back Blanche  
*(bring each finger back, one at a time)*

Two little fishes swimming in a tank  
*(use your hands as a 'fish')*  
One named Fred, one named Frank  
*(show each hand individually on each name)*  
Swim away Fred, Swim away Frank  
*(swim the fish away)*  
Come back Fred, Come back Frank  
*(swim them both back)*

### **Tommy Thumb**

Tommy thumb, Tommy thumb  
Where are you  
Here I am, here I am, (wiggle baby's thumb)  
How do you do?  
-repeat with-  
Peter Pointer  
Toby Tall  
Ruby Red  
Baby Small

### **My Little House**

This is my little house  
(make roof -fingertips together)  
This is the door  
(put thumbs together)  
The windows are shining  
(pretend to polish windows)  
And so is the floor  
(pretend to sweep the floor)  
Outside there is a chimney  
As tall as can be  
(stretch arms up high)  
With smoke that goes curling up  
(swirl hand upward)  
Over the trees

### **Eeency Meeny**

Eeency, meeney, miney, moe  
(wiggle baby's toes - starting with little toe)  
Catch a tiger by the toe  
(grab & wiggle big toe)  
If he hollers, let him go (let go of toe)  
Eeency, meeney, miney, moe  
(wiggle baby's toes - going back to little toe)

### **This little cow** (count on fingers)

This little cow eats grass  
This little cow eats hay  
This little cow drinks water  
This little cow runs away  
This little cow does nothing  
But just lies down all day (bend pinky over)  
So we'll chase her (tickle up baby's arm)  
We'll chase her  
We'll chase her away

### **Finger Family** (count on fingers)

This is the father short and stout  
(start with thumb)  
This is the mother with children all about  
This is the brother tall you see  
This is the sister with dolly on her knee  
This is the baby sure to grow  
And here is the family all in a row  
(wiggle fingers)

### **Wake Up Toes**

(follow motions in song)  
Wake up toes, wake up toes  
Wake up toes and wiggle, wiggle, wiggle  
Wake up toes, wake up toes,  
Wake and wiggle in the morning  
Wake up feet, wake up feet...  
Wake up legs, wake up legs...  
Wake up arms, wake up arms...  
Wake up hands, wake up hands...  
Wake up head, wake up head...  
Wake up me, all of me...

### **Thumbkin, Pointer**

Thumbkin, pointer (wiggle each finger)  
Middleman, big  
Silly man, wee man  
Rig a jig jig (roll hands)

### **Eeency Weency Spider**

The eeency weency spider  
Crawled up the water spout (crawl fingers up)  
Down came the rain (wiggle fingers down)  
And washed the spider out (brush hands to sides)  
Out came the sun (arms circle over head)  
And dried up all the rain  
And the eeency weency spider (crawl fingers up)  
Went up the spout again

### **Where is Thumbkin?** *sing to "Frere Jacques"*

Where is thumbkin?  
(hide hands behind back)  
Where is thumbkin?  
Here I am! (bring out one thumb and wiggle it)  
Here I am! (bring out other thumb and wiggle it)  
How are you today sir? (wiggle one thumb)  
Very well I thank you (wiggle other thumb)  
Run away! (hide one thumb behind back)  
Run away! (hide other thumb behind back)

### **Wiggly Fingers** (wiggle fingers as directed)

Fingers like to wiggle, waggle  
Wiggle, waggle, wiggle, waggle  
Fingers like to wiggle, waggle  
Right in front of me  
- repeat with:  
High above my head  
Almost to the floor  
Right out to the sides...

### **Five Little Piggies** (count on fingers or toes)

This little pig got into the barn,  
This little pig ate all the corn  
This little pig said he wan't well,  
This little pig said he'd go and tell  
And this little pig cried Squeak! Squeak! Squeak!  
I can't get over the door sill!

### **This little piggy**

(count on fingers or toes)  
This little piggy went to market  
This little piggy stayed home  
This little piggy had roast beef  
This little piggy had none  
And this little piggy cried (wiggle little toe)  
"Wee! wee! wee!" all the way home  
(tickle baby up to chin)

### **This Little Spider**

(count on fingers, thumb first)  
This little spider went swimming  
This little spider played ball  
This little spider was napping  
This little spider was tall  
And this little spider went  
Creepy, creepy, creepy, creepy  
(tickle baby's arm)  
Up the garden wall

### **Fe, fi, fo fum**

Fe, fi, fo ,fum (clap to words)  
See my fingers (wiggle fingers)  
See my thumb (wiggle thumb)  
Fe, fi, fo fum (clap to words)  
Good-bye fingers (one hand behind back)  
Good-bye thumb (other hand behind back)

### **Ten Little Piggies**

(count on toes and  
sing to "Ten Little Indians")  
One little, two little, three little piggies  
Four little, five little, six little piggies  
Seven little, eight little, nine little piggies  
Ten little piggy toes!  
Ten little, nine little, eight .....  
...one little piggy toe!

### **Dance Your Fingers**

Dance your fingers up,  
Dance your fingers down  
Dance your fingers to the side,  
Dance them all around  
Dance them on your shoulders,  
Dance them on your head  
Dance them on your tummy,  
And put them all to bed  
(rest hands on side of face)

### **Open them shut them**

Open them shut them  
Open them shut them, give a little clap  
Open them shut them  
Open them shut them, put them in your lap  
Creep them, creep them  
Creep them, creep them, right up to your chin  
Open up your little mouth, but do not put them in

Open them shut them  
Open them shut them, give a little clap  
Open them shut them  
Open them shut them, put them in your lap  
Creep them, creep them  
Creep them, creep them right up to your nose  
Creep them, creep them  
Creep them, creep them right down to your toes

Open them shut them  
Open them shut them, give a little clap  
Open them shut them  
Open them shut them, put them in your lap  
Creep them, creep them  
Creep them, creep them right up to your cheek  
Cover up your little eyes,  
And through your fingers peek

### **Come-A-Look-A-See**

Come a look a see  
Here's my mama (wiggle thumb)  
Come a look a see  
Here's my papa (wiggle pointer)  
Come a look a see  
Brother tall (wiggle middle finger)  
Sister, baby (wiggle ring finger & pinkie)  
We love them all! (fold hands and kiss thumb)

### **Ten Little Apples**

(count on toes and  
sing to "Ten Little Indians")  
One little, two little, three little apples  
Four little, five little, six little apples  
Seven little, eight little, nine little apples  
Ten little apples for me!  
Ten little, nine little, eight .....  
...one little apple for me!

\*can also be sung with snowmen, pumpkins, bunnies...

### **Here is a Bunny**

Here is a bunny (make finger ears)  
With ears so funny  
And here is his hole in the ground  
(make O shape by putting hand on hip)  
When a noise he hears, he perks up his ears  
(make finger ears jump)  
And runs to his hole in the ground  
(put hand under arm)

### **Whoops Johnny**

Johnny, Johnny, Johnny, Johnny  
(touch tip of pinky, ring finger, middle finger,  
index finger with opposite index finger)

Whoops!

(slide index finger down side of other index  
finger and up the side of thumb)

Johnny (touch tip of thumb)

Whoops!

(slide index finger down side of thumb  
and up the side of other index finger)

Johnny, Johnny, Johnny, Johnny  
(touch fingers from index to pinky again)

### **The Quiet Mouse**

Once there lived a quiet mouse  
(hold out index finger)

In a quiet little house  
(wrap other hand around it)

When all was quiet as can be

OUT popped he!  
(pop finger out)

### **Baby's Nap**

This is baby ready for a nap  
(parent holds out one index finger)

Lay baby down in a loving lap  
(lay your finger on baby's open palm)

Cover baby so he won't peep  
(child wraps fingers around parent's finger)

Rock baby till he's fast asleep  
(rock hands together back and forth)

### **Foxy's Hole**

(parent makes a fist)

Put your finger in Foxy's hole  
(child puts index finger inside parent's fist)

Foxy's not at home (shake head "no")

Foxy's at the back door

Nibbling on a bone  
(Open hand and wiggle baby's finger  
with opposite hand)

### **Wee Wiggie**

Wee Wiggie (wiggle piggy toe)

Poke Piggie (wiggle second toe)

Tom Whistle (wiggle third toe)

John Gristle (wiggle fourth toe)

And old big Gobble, Gobble Gobble!  
(wiggle big toe)

### **I Caught a Fish**

(count on fingers or toes)

One, two, three, four, five –

Once I caught a fish alive.  
(catch and wiggle finger)

Six, seven, eight, nine, ten –

Then I let it go again.

(let go of finger)

Why did I let it go?

Because it bit my finger so.

Which finger did it bite?

The little finger on the right.

(wiggle pinky)

### **Little Miss Ladybug**

Little Miss Ladybug sitting on a tree  
(lay fist on opposite palm)

She flew down and landed on my knee  
(flutter fingers down to knee)

She asked me if I wanted to play

But I said "no", so she flew away!  
(flutter fingers away)

### **Roly Poly Caterpillar**

Roly-poly caterpillar into a corner crept  
(creep fingers down baby's arm to palm)

Spun himself a blanket  
(roll hands)

And for a long time slept  
(lay fist in palm)

Roly poly caterpillar wakened by and by  
(open fist)

Found himself with pretty wings,  
Changed to a butterfly!  
(hook thumbs and flutter fingers)



### **The Family**

This is Mommy, kind & dear  
(point to baby's thumb)

This is Daddy, standing near  
(point to pointer finger)

This is brother, see how tall  
(point to middle finger)

This is Sister, not so tall  
(point to ring finger)

This is Baby, sweet and small  
(point to little finger)

These are the family one and all!  
(wiggle all fingers)

### **Mouse in a Hole**

A mouse lived in a little hole,  
(hold up fist with thumb tucked inside)  
A little hole, a little hole  
(circle index finger of other hand around fist)  
When all was quiet as quiet can be ...  
(put index finger to lips)  
Out popped he!  
(pop thumb out of fist)

### **Skinnamarinky Dinky Dink**

Skinnamarinky dinky dink  
Skinnamarinky doo  
I love you  
-repeat-  
I love you in the morning  
And in the afternoon  
I love you in the evening  
Underneath the moon  
Skinnamarinky dinky dink  
Skinnamarinky doo  
I love you

## **Favorite Songs**

### **Wake Up Toes**

(follow motions in song)  
Wake up toes, wake up toes  
Wake up toes and wiggle, wiggle, wiggle  
Wake up toes, wake up toes,  
Wake and wiggle in the morning  
Wake up feet, wake up feet...  
Wake up legs, wake up legs...  
Wake up arms, wake up arms...  
Wake up hands, wake up hands...  
Wake up head, wake up head..  
Wake up me, all of me...

### **Baa Baa Black Sheep**

Baa baa black sheep (clap along to song)  
Have you any wool?  
Yes sir, yes sir, three bags full  
One for my master (one big clap)  
And one for my dame (another big clap)  
And one (another big clap)  
For the little boy (or girl)  
Who lives down the lane



### **You Are My Sunshine**

(sing slow or fast and clap along)  
You are my sunshine, my only sunshine  
You make me happy when skies are gray  
You'll never know dear, how much I love you  
Please don't take my sunshine away

### **Glump glump went the little Green Frog**

Glump glump  
(bounce baby on "Glump")  
Went the little green frog one day  
Glump glump  
Went the little green frog  
Glump glump  
Went the little green frog one day  
And the frog went, glump, glump, glump

### **Goodbye Song** (sing once for each child)

(sing to "Goodnight Ladies")  
Goodbye \_\_\_\_\_ (clap hands)  
Goodbye \_\_\_\_\_  
Goodbye \_\_\_\_\_  
We're glad you came today

### **Row Row Row Your Boat**

(hold baby on lap or sit on the floor and rock back and forth)  
Row, row, row your boat  
Gently down the stream  
Merrily, merrily, merrily, merrily  
Life is but a dream  
  
Rock, rock, rock your boat  
Gently on the tide.  
Merrily, merrily, merrily, merrily  
To the other side.

### **Mommy's Little Baby**

(sing to "Someone's in the kitchen with Dinah")  
Mommy's little baby is \_\_\_\_\_  
Cutest little baby I know-o-o-ow  
Mommy's little baby is \_\_\_\_\_  
And I love you so!  
(substitute "Grandma," etc. for "Mommy")

### **Eeency Weency Spider**

The eeency weency spider  
Crawled up the water spout (crawl fingers up)  
Down came the rain (wiggle fingers down)  
And washed the spider out (brush hands to sides)  
Out came the sun (arms circle over head)  
And dried up all the rain  
And the eeency weency spider (crawl fingers up)  
Went up the spout again

Row, row, row your boat  
Gently down the stream.  
But if you see a crocodile  
Don't forget to scream!

### I see the Moon and the Moon sees Me

*(A beautiful lullaby to share with your baby)*

I see the moon and the moon sees me  
*(hold arms over head in a moon shape  
and point to self for 'me')*  
Down through the leaves of the old gum tree  
*(holding your arms up, wiggle fingers  
down like leaves falling )*  
I hope the moon that shines on me  
*((hold arms over head in a moon shape  
and point to self for 'me')*  
Shines on the ones I love  
*(on 'I love', place hand over your heart)*

### **Chorus**

*Over the mountain, over the sea  
(arch hand to make a mountain and waves)  
Back where my heart is longing to be  
(place hand on back and then over heart)  
Please let the moon that shines on me  
(hold arms over head in a moon shape  
and point to self for 'me')*  
Shine on the ones I love  
*(on 'I love', place hand over your heart)*

### **2<sup>nd</sup> Verse**

I hear the lark that sings to me  
*(cup hand to ear)*  
Singing a song with a memory  
Please take the song she sings to me  
*(reach up and grab song from air)*  
Back to the ones I love  
*(place hand on back and then over heart)*

- Repeat Chorus

## **Peek-A-Boo!**

### Boo! It's Me!

Peekaboo baby  
*(hide eyes behind hands or cover  
face with a scarf)*  
Look and see  
One, two, three  
Boo! *(uncover face)*  
It's me!

### Big A Little A

Big A little A *(open hands wide and close small)*  
Bouncing B *(bounce baby on knees)*  
The Cat's in the cupboard  
And can't see me *(cover eyes)*  
Peekaboo!

### Peek-a-Boo

Peek-a-boo, peek-a-boo  
Who's that hiding there  
Peek-a-boo, peek-a-boo  
\_\_\_\_\_ 's behind the chair *(use baby's name)*

### Where is Baby? *(sing to "Frere Jacques")*

Where is baby, where is baby?  
There she is, there she is  
I am glad to see you, I am glad to see you  
Peekaboo! I see you! *(cover and uncover eyes)*

### Baby's Game

Touch your ears, pat your nose  
Tickle baby's little toes  
Hide your eyes *(cover eyes)*  
Where are you?  
Baby's playing peek-a-boo! *(uncover eyes)*

### This Little Baby *(count on fingers)*

This little baby rocked in the cradle  
This little baby jumped in bed  
This little baby crawled on the carpet  
This little baby bumped her head  
This little baby played hide and seek  
Where's that little baby? *(cover eyes)*  
Oooh-oooh Peek! *(peek a boo!)*

### Baby Boo

*by Jennifer Groff*

Baby, baby, baby *(cover eyes)*  
BOO! *(uncover eyes)*  
You see me, I see you *(point to self and baby)*  
Baby, baby, baby *(cover eyes)*  
BOO! *(uncover eyes)*  
First you peek, now I do! *(point to baby then self)*

### Floppy Hat

*by Bob Morrow*

Baby's eyes are hiding  
So is baby's nose  
I can't see Baby's pretty face  
But I can see Baby's toes!

*(fun to play under a big hat, a scarf, or small blanket)*



### Playing Peek-a-Boo

Baby's gone,  
Where is she?  
*(hide your face behind your hands)*  
Peek-a-boo!  
*(open your hands and go 'peek-a-boo')*  
Now I see.  
Gone again,  
*(hide your face behind your hands)*  
Where did she go?  
Peek-a-boo!  
*(open your hands and go 'peek-a-boo')*  
I found her toe!  
*(tickle babies toe)*

# For Quiet Times And Rocking

## Rock-a-bye Baby (rock baby)

Rock a bye baby, in the tree tops  
When the wind blows, the cradle will rock  
When the bough breaks, the cradle will fall  
And down will come baby  
Cradle and all!

## Rock-a-bye Baby, Thy Cradle is Green

(from England

– can be sung to "Rock-a-bye Baby")

Rock -a-bye baby, thy cradle is green  
Father's a nobleman, mother's a queen  
Betty's a lady and wears a gold ring  
And Johnny's a drummer and plays for the king.

## I'll Sing You to Sleep (gently rock baby)

(can be sung to "Rock-a-bye Baby")

Hush-a-bye, baby  
Daddy's away  
Brothers and sisters  
Have gone out to play  
But here by your cradle  
Dear baby, I'll keep  
To guard you from danger  
And sing you to sleep

## Baby on a cloud (gently rock baby)

(can be sung to "Rock-a-bye Baby")

Hush a bye baby  
Up in the sky  
On a soft cloud  
'Tis easy to fly  
When the cloud bursts  
The raindrops will pour  
Down will come baby  
To mother once more

## Hush-a-bye Baby (gently rock baby)

Hush-a-bye, baby  
Pussy's a lady  
Mousie has gone to the mill  
And if you don't cry  
She'll come by and by  
So hush-a-bye, baby lie still

## Wash the Dishes

Wash the dishes (rub tummy)  
Wipe the dishes  
Ring the bell for tea (tug nose or ear)  
Three good wishes  
Three good kisses (give kisses)  
I will give to thee

## Hush Little Baby

Hush little baby don't say a word  
Mama's gonna buy you a mockingbird  
If that mockingbird don't sing  
Mama's gonna buy you a diamond ring  
If that diamond ring turns brass  
Mama's gonna buy you a looking glass  
...looking glass gets broke...billy goat  
...billy goat won't pull...cart and bull  
...cart and bull turn over...dog named Rover  
...dog named Rover won't bark...horse and cart  
...horse and cart fall down  
You'll be the sweetest baby in town

## Twinkle Twinkle (gently rock baby)

Twinkle twinkle little star  
How I wonder what you are  
Up above the world so high  
Like a diamond in the sky  
Twinkle twinkle little star  
How I wonder what you are

## Nice Hug

Nice hug, not too snug  
Just right, not too tight  
One kiss, just like this  
Nose rub too  
I love you!

## Man in the Moon

The man in the moon looked out of the moon  
Looked out of the moon and said  
" 'Tis time for all the children on earth  
To think about going to bed!"

## Gifts by Virginia Kroll

What gives us wood?  
A leafy green tree  
What gives us honey?  
A small yellow bee  
What gives us fishes?  
The wide blue sea  
Who gives you kisses?  
A Grammy (or mommy) like me!

### **My Big Blue Boat**

\*can be sung to "Mary Had a Little Lamb"

I love to sail in my big blue boat (rock side to side)  
My big blue boat, my big blue boat  
I love to sail in my big blue boat  
Far across the sea

My big blue boat has two red sails (sway with arms up)  
Two red sails, two red sails  
My big blue boat has two red sails  
Far across the sea

So come for a sail in my big blue boat (rock side to side)  
My big blue boat, my big blue boat  
So come for a sail in my big blue boat  
Far across the sea

### **Moon Cradle** (Irish ballad)

The moon cradle's rocking and rocking  
Where a cloud and a cloud goes by  
Silently rocking and rocking  
The moon cradle out in the sky

### **Rocking** (gently rock baby)

Hush, hush little baby  
The sun's in the west  
The lamb in the meadow  
Has laid down to rest  
The bough rocks the bird now  
The flower rocks the bee  
The wave rocks the lily  
The wind rocks the tree  
And I rock the baby  
So softly to sleep  
She must not awaken  
'Till daisy buds peep

### **A Bushel and A Peck**

*From "Guys and Dolls"*

I love you  
A bushel and a peck  
A bushel and a peck  
And a hug around the neck  
A hug around the neck  
And a barrel and a heap  
A barren and a heap  
And I'm talkin' in my sleep  
About youuuuu...  
'Cause I love you  
A bushel and a peck  
You bet your pretty neck  
I do!

### **Little Boy Blue**

Little Boy Blue  
Come blow your horn  
The sheep's in the meadow  
The cow's in the corn  
Where is the boy who looks after the sheep?  
He's under the haystack  
Fast asleep.

### **Kissing Boo Boos**

Pat it  
Kiss it  
Stroke it  
Bless it  
Three days sunshine  
Three days rain  
Little hand  
All well again!

### **Rickety Rackety**

*by Heidi Roemer*

Rickety rackety  
Rocking chair  
I bring my book  
And my teddy bear  
Mama reads  
And strokes my hair  
As we rickety-rack  
In the rocking chair

### **Little Bug**

*by Jill Burgard*

Up on your toes  
In for a kiss  
Up on your toes  
And I hug you like this  
Up on your toes  
In for a hug  
Up on your toes  
You're my sweet little bug!



### **Row Row Row Your Boat**

*(hold baby on lap or sit on the floor and rock back and forth)*

Row, row, row your boat  
Gently down the stream  
Merrily, merrily, merrily, merrily  
Life is but a dream

Rock, rock, rock your boat  
Gently on the tide.  
Merrily, merrily, merrily, merrily  
To the other side.



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Here's Mr. Bullfrog	6	Leaves are floating softly down	16
Hickory dickory dock	4, 7	Leg over leg	8
Higgelty piggelty pop	8	Little Arabella Miller	5
Hip hip hippety hop	8	Little blue whale in a big blue sea	19
Horsie Horsie don't you stop	11	Little boy blue come blow your horn	29
Horsie Horsie ride with me	12	Little miss ladybug sitting on a tree	25
Hot cross buns	7	Little robin redbreast	17
Humpty Dumpty sat on a wall	11	Marching in our rainboots	22
Hush little baby don't say a word	28	Mary had a little lamb	14
Hush little baby the sun's in the west	29	Mingle dee pingle dee	6
Hushabye baby Daddy's away	28	Mix a pancake stir a pancake	15
Hushabye baby pussy's a lady	28	Mommy's little baby is _____	26
Hushabye baby up in the sky	28	Moppey Mop and Poppety Pop	9
I can make my baby smile	3	Mother and Father and Uncle John	10
I had a little pony	12	Mr. Rabbit	1
I had a little turtle	6	My Bonnie lies over the ocean	18
I have ten little fingers	2	My hands say thank you	6
I love to row in my big blue boat	29	Nice hug not too snug	28
I love you a bushel and a peck	29	Niddlely noodley to and fro	20
I saw a little birdie go hop hop hop	14	Number one touch your tongue	14
I see the moon and the moon sees me	27	Oh the Royal Duke of York	19
I think it was the best of luck	18	On my foot there is a flea	5
I took a walk to town one day	10	On my head my hands I place	3
I touch my head, I touch my toes	14	Once I saw a bunny	14
I uncover my eyes	1	Once there lived a quiet mouse	25
Icky bicky soda cracker	8	One banana two bananas	7
If you're happy and you know it	19	One day I saw a downy duck	6
I'm a choo choo train chugging down the track	16	One is a dog that says bow wow	22
I'm a little teapot short and stout	18	One little two little three little apples	24
I'm going to dig a hole	5	One little two little three little piggies	24

One potato two potato	15	See me spinning round and round	22
One two Buckle my shoe	18	See saw sacradown	21
One two three four beans came jumping ...	12	See the little mousie	5
One two three four five, I caught a fish alive	25	She fell into the bathtub	13
One two three there's a bug on me	5	She'll be comin' 'round the mountain	13
Open them shut them	24	Shoe a little horse	2
Pat it kiss it	29	Show me how you clap your hands	15
Pat your head and rub your tummy	21	Slowly slowly very slowly	4
Pat-a-cake pat-a-cake	6	Sninnamarink-y dinky dink	26
Peas porrige hot	6	Socks and shoes socks and shoes	17
Peekaboo baby look and see	27	Soft kitty warm kitty	20
Peekaboo peekaboo who's that hiding there	27	Splishy splashy in the tub	1
Pitty patty polt	2	Stretch up high as tall as a house	3
Pony girl pony girl	12	Swing me over the water	16
Popcorn popcorn sittin in the pot	11	Take your little hands and go clap clap clap	21
Put your finger in Foxy's hole	24	Teddy bear teddy bear turn around	15
Put your finger on you nose	2	Ten Galloping Horses came to town	12
Reach up high bend down low	20	The eency weency spider	26
Rickety rickety rocking chair	29	The leaves are falling down	19
Rickety rickety rocking horse	11	The little clock goes tick tock tick tock	19
Ride a cock horse to Banbury Cross	12	The moon cradle's rocking and rocking	29
Rigadoon rigadoon up you fly	12	The moon is as round	2
Ring around a rosie	17	The rain is falling down	19
Ring the bell	1	The seesaw goes up the seesaw goes down	19
Rock away rock away on my horse of brown	11	The shoe goes on the foot	17
Rockabye baby in the treetop	28	The snow is falling down	19
Rockabye baby thy cradle is green	28	The train goes up the hill	5
Roly poly caterpillar into a corner crept	25	The wheels on the bus go round and round	18
Roly poly roly poly up up up	17	The wind blows down the chimney	10
Round and round the garden	4	There was a little turtle	7
Round the world round the world	6	These are babys fingers	5
Row row row your boat	18, 26, 29	These are baby's fingers	1
Rub a dub dub	5	These are Grandma's glasses	14
Rub a dub dub three men in the tub	18	These are my eyes	1
		This is baby ready for a nap	24
		This is mommy kind and dear	25
		This is my garden	21
		This is my little house	22

This is the father short and stout	22	Two little blackbirds	22
This is the way my fingers play	22	Two little boats are on the sea	10
This is the way the baby rides	10	Two little eyes to look around	2
This is the way the farmer rides	11	Two little eyes to see with	2
This is the way we wash our hands	1	Up and down up and down, high up in the sky	18
This little baby rocked in the cradle	27	Up I stretch on tippy toe	16
This little cow eats grass	22	Up in the sky baby birds fly	21
This little horse goes bookety bookety	12	Up on your toes	29
This little pig got into the barn	23	Up to the heavens down to the sea	19
This little pig had a rub a dub dub	15	Up up up in the sky like this	17
This little piggy went to market	23	Wake up toes	1,23,26
This little spider went swimming	23	Wash the dishes	28
This old man, he played one	20	Water water splosh splosh splosh	16
Three little monkeys hanging in a tree	22	We can jump jump jump	16
Three little monkeys hanging in a tree	17	Wee Wiggie Poke Piggie	24
Thumbkin pointer middleman big	23	What a surprise here are your eyes	2
Tickle bug tickle bug	5	What do I see? Baby's knee!	5
To market to market to buy a fat pig	11	What gives us wood	28
Tommy thumb, Tommy thumb	22	What shall we do with lazy Katie	15
Touch game	1	When all the cows were sleeping	16
Touch your ears pat your nose	27	When James is eating custard	3
Touch your ears, pat your nose	2	Where did you get that little red nose	3
Trot trot to Boston	12	Where is baby?	27
Trot trot trot trot go and never stop	13	Where is thumbkin	23
Twinkle twinkle little star	28	Where oh where is dear little baby	20
		Where's my wiggly worm?	18
		Who's that tickling my back	4
		Wiggle wiggle little finger	2
		Wiggle wiggle wiggle your toes	22
		Wind the bobbin and wind the bobbin	21
		X marks the spot	5
		Yankee Doodle went to town	10
		You are my sunshine	26
		Zoom zoom zoom we're going to the moon	21

